



ACTIVITY REPORT MONTH - JANUARY 2025

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MESSAGE

Dear Parents and Students

As we embark on the new academic session, I extend a warm welcome to each one of you. With spirits brimming with optimism and enthusiasm, we open our doors to new possibilities, fresh perspectives and boundless opportunities. We at Mittal International School, Kota are committed to nurturing the inherent potential of each child to create lifelong learners. With this in mind, a vast array of activities have been planned for the upcoming session. The journey promises to be filled with discovery, growth and accomplishment. As we commence this academic journey, let us embrace the challenges that lie ahead with resilience, determination, and a thirst for knowledge. Let us foster an environment of collaboration, mutual respect and support, where each individual is empowered to reach their fullest potential. Let us congratulate our students for their triumphs while enabling them to navigate the inevitable obstacles with grace and fortitude. Let us cultivate a culture of excellence, innovation and inclusivity that transcends boundaries and inspires greatness. I urge the students to embrace the power of goal setting and discipline. Set ambitious goals that stretch your limits and ignite your passion. Break them down into manageable steps, and then commit yourself wholeheartedly to the pursuit of excellence. And when doubts creep in or obstacles arise, remember the words of Aristotle: "We are what we repeatedly do. Excellence, then, is not an act, but a habit". Believe in yourself, dear students. Believe in your ability to achieve greatness. With clear goals, unwavering discipline and a steadfast determination, there is no limit to what you can accomplish. As we embark on this journey together, let us forge bonds that transcend the confines of classrooms and let us create memories that will last a lifetime. With unwavering commitment and collective endeavor, let us make this academic session a resounding success. Once again, welcome to the new academic session. Here's to a year filled with discovery, growth, and endless possibilities! Best wishes for a remarkable journey ahead.

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Warm regards Sarabpreet Mukherjee **Principal**





Kite Flying Activity Report

MITTAL INTERNATIONAL SCHOOL Newsletter for Parents and Guardians EBSB Club Activity – Kite Flying Date: 13th January 2025 Grades: 11 & 12 In-charge: Ms. Iti Soral Organized by: Ek Bharat Shreshtha Bharat (EBSB) Club

Dear Parents and Guardians,

We are delighted to share that Mittal International School successfully organized an exciting Kite-flying activity under the EBSB Club. This event aimed to celebrate unity, teamwork, and cultural heritage, bringing students together in a fun and meaningful way.

Event Highlights

Kite Flying Competition: Students participated with great enthusiasm, competing to fly their kites the highest.

Cultural Awareness: They explored the cultural significance of kite flying, especially during Makar Sankranti.

Teamwork & Sportsmanship: The activity encouraged collaboration, creativity, and a sense of fair play.

Participation

Students from Grades 11 and 12, along with teachers and staff, actively participated in the event, making it a joyful and memorable experience.

Conclusion

The Kite Flying Activity was a grand success, reinforcing the values of cultural appreciation, teamwork, and unity. The EBSB Club looks forward to organizing more such engaging and educational activities in the future.

Warm Regards Mittal International School





Heart Wise Drawing & Quiz Competition

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MITTAL INTERNATIONAL SCHOOL Newsletter for Parents and Guardians Heart Wise Drawing & Quiz Competition Prize Distribution Ceremony Date: 15th January 2025 Venue: Mittal International School

Groups: Group A: Grades 5 to 8 Group B: Grades 9 to 12 Topic: Healthy Lifestyle to Prevent Heart Disease

Dear Parents and Guardians,

We are delighted to share that Mittal International School successfully organized the Heart Wise Drawing and Quiz Competition, aimed at raising awareness about heart health and the significance of a healthy lifestyle. Students showcased their creativity and knowledge, making the event both educational and engaging.

Prize Winners – Drawing Competition

Senior Group (Grades 9-12) 1st Place: Imrose Ahmed 2nd Place: Sonakshi Meena

Junior Group (Grades 5-8) 1st Place: Gungun Choudhary 2nd Place: Sarah Hussain

Guest of Honour: Dr. Surbhi Goyal

Dr. Goyal's inspiring words motivated students to adopt healthy habits and prioritize heart health.

Conclusion

The competition was a grand success, encouraging students to understand the importance of heart health through art and knowledge. Mittal International School remains committed to organizing more such meaningful and educational events in the future.

Warm regards Mittal International School

Heart Wise Drawing & Quiz Competition-Images

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Republic Day Celebration (26th January 2025)

Newsletter for Parents and Guardians Republic Day Celebration Date: 26th January 2025 Venue: School Premises

Dear Parents and Guardians,

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We are delighted that Mittal International School celebrated the 76th Republic Day with immense zeal and patriotic fervor. The event was graced by the presence of our esteemed Co-Chairperson, Mr. Anil Agarwal, who was warmly welcomed and escorted by our proud NCC cadets.

The day began with the flag hoisting ceremony, where Mr. Anil Agarwal and our School Principal unfurled the tricolor, symbolizing the pride and unity of our nation. The moment was made even more special as the entire school joined together to sing the National Anthem.

The celebrations included a variety of cultural programs, highlighting the talents and enthusiasm of our students:

Patriotic Song: A soulful performance by the school choir, led by Koyal, set the tone for the day.

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Speeches: English Speech by Bhumika (Grade 9) emphasized the importance of Republic Day and the values enshrined in our Constitution. Hindi Speech by Dishita (Grade 9) was a heartfelt tribute to our nation, inspiring everyone present.

Poem Recitation: Geetanjali (Grade 3) recited a beautiful Hindi poem reflecting the pride of being Indian.

Dance Performance: A captivating dance performance on the patriotic song "Dulhan Chali" by a Grade 1 student left the audience spellbound.

Cultural Presentations: Various other performances showcased India's rich cultural heritage and diversity.

The event concluded with a Vote of Thanks delivered by our School Coordinator, Mr. Ajay Mukherjee, who expressed gratitude to our Co-Chairperson, teachers, students, and parents for their support and participation.

As a token of celebration, sweets were distributed to all students, spreading joy and happiness among everyone present.

We extend our heartfelt thanks to all parents and guardians for encouraging your children to participate and make this event memorable actively.

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Warm regards Mittal International School



Stress Management Workshop

Newsletter for Parents and Guardians Work Shop: Stress Management Date: 21, January 2025

Dear Parents and Guardians,

We are pleased to inform you about a significant initiative taken by Mittal International School to support the emotional well-being of our students. On January 21, 2025, a workshop on stress management titled "Learn to Cope" was conducted for students of grades 8 to 12 in the 2nd Floor Hall of our school.

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About the Workshop: Dr. Pratima Rawal, Associate Professor at the School of Commerce and Management, Career Point University, Kota, led the session. Dr. Rawal, an experienced mentor with a Ph.D. in Finance and 11 years of academic experience, was accompanied by her students: Shadab Hussain, Anshita Sharma, and Anshul Alex (final-semester BBA students).

Key Highlights: Dr. Rawal introduced students to the concept of stress and provided strategies to cope, especially during examinations.

Anshita Sharma discussed common sources of exam-related stress, such as fear of failure and anxiety.

Shadab Hussain emphasised the importance of maintaining a positive attitude to overcome challenges.

Students learned practical time management strategies and stress relief techniques.

Interactive Session : The workshop included a Q&A segment, where students actively participated, clarified their doubts, and received personalised advice.

Acknowledgements: The event concluded with a vote of thanks by Chief Administrator Ajay Sir, appreciating the efforts of Dr Rawal and her team for delivering an impactful and informative session.

This workshop was a resounding success, equipping students with essential tools to manage stress effectively and excel academically. We are committed to fostering a supportive environment for our students' overall well-being.

Warm regards Mittal International School

